

Lake Hills Dental Care
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Post-op Instructions for Composite Restorations

1. Our Team is always here to support you through your treatment and answer any questions or address any concerns you may have.
2. Please avoid eating until the numbness is gone.
3. Please avoid eating any hard or sticky foods for the rest of today.
4. Please call the office if your bite feels off in any way. Fillings may require slight adjustments after treatment.
5. Some sensitivity with tooth-colored fillings is normal. Please call the office if sensitivity continues or increases.
6. The tissue around the tooth and jaw may be sore due to the procedure and injection (anesthetic). Over-the-counter Ibuprofen or Tylenol can be taken as needed.
7. Please call our office if you have any questions or concerns: **(940) 321-2340**